



The best activities guide around!

MARCH 2008



Newcomer's Orientation – 12th
CZCC Community Night – 21st
CDC Parents Night Out – 21st
YS Easter Egg Hunt – 22nd
CZCC Easter Brunch – 23rd
Hob Nob Inn Southwestern Buffet – 28th

SHA HOB NOB INN'S SOUTHWESTERN BUFFET Friday, March 28 1700-2030 Hrs.

Tickets

Adults: \$ 8.95 (Advance)
\$13.95 (At the door)

Kids 4-12 Yrs. Old: \$ 4.95 (Advance)
\$ 8.95 (At the Door)

Kids 3 Yrs. & Under: FREE

“See the Bugle for the
advertisement”.

Menu

Taco Station (Beef)

Burritos

Fajitas:

(Beef and Chicken)

Chicken Enchiladas

Verdes

Refried Beans

Spanish Rice

Green Salad

Mexican Corn

Nacho Chips with Dip

Flan

Looking for a place to host your private party?

The Hob Nob Inn dinning room is available
Wednesday through Saturday. Dates and times
are available on first come first served basis.
Room deposits are required to hold the date.

Please contact the Hob Nob Inn for your
reservation, during operation hours at

267-6097 or CZCC at 263-4547.



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all community recreation program

planning, as appropriate for the activity. For further

information, please contact the activity manager

ZAMA Community BUGLE

Contents

Army Community Service	3,4,5
Arts and Crafts	27
Auto Craft Shop	25
Bazaar.....	17
Bowling Center.....	8
Camp Zama Community Club	
.....	9,10,14,22
Camp Zama Golf Club.....	7,8
Chapel Activities	26
Child and Youth Services.....	19,20,22
Child Development Center.....	18
Community Cultural Center.....	21
Community Libraries	28
Directory of MWR Facilities	29
Directory of Program Managers	2
Hob Nob Inn.....	1,12
Outdoor Recreation.....	28
Sagami Lounge	12
School Age Services.....	20
Sports Office	14,23,24,30
Torii Station, Okinawa.....	22
Youth Sports and Fitness	13,30



THIS MONTH'S COVER

Our March Bugle cover shows the Yano Fitness Center Aquatics Director Kimberly Bailes teaching 4 year old Liam Thompson beginning swimming skills. Liam, the son of Mr. and Mrs. Stefan Thompson is displaying his swimming skills which are taught at the preschool level of the American Red Cross Learn-to-Swim program. The Learn-to-Swim program offers a variety of swimming classes for youths and adults focusing on swimming skills and water safety. For more information on locations, dates, times and levels offered, call Ms. Kimber Bailes at 263-5656.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta

“See the Bugle for the advertisement”.



AER

Emergency Leave. Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

■ Army Community Service • 263-8327

RELOCATION READINESS 263-HELP (4357)

• Medical Morning Briefing

13 March, 8 - noon, ACS Community Room Bldg 402. Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend.

• Newcomers Train Class, Parts I and II

Part I - 13 March, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II - 15 March, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about

¥1,400 per person for transportation expenses and extra yen for shopping.

• Shopping on the Economy

14 March, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

MOBILIZATION AND DEPLOYMENT PROGRAMS 263-HELP (4357)

Please contact Gary R. Woods at 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training.

• Pre-deployment and Ongoing Readiness Training, 263-HELP (4357)

This training is designed to help all deploying military, civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Community Room.

• Deployment Readiness Support Group, 263-HELP (4357)

If your spouse is deployed, then ACS is looking for you! The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg 402.

AER/FINANCIAL/EMPLOY- MENT 263-HELP (4357)

ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other finance related support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the

NEWCOMER'S ORIENTATION

Wednesday, 12 March, 8 am - 3:30 pm

... ACS COMMUNITY ROOM ...

- Opening welcome by the Command Group and overview of different programs and services presented by various representatives.
- **"Taste of Japan"** luncheon at the Camp Zama Community Club; sponsored by KDDI (Left Wing).
- Mandatory for military and civilian personnel. Adult Family members are encouraged to attend.



MWR Commercial Sponsorship and the ACS staff thank our sponsor, KDDI, for supporting the Newcomer's Orientation Program and the Zama community.

• **For International Calls:**
99 + 001 + Country Code + Area Code + Phone No.



use of sound money management and consumer skills. For more information, phone 263-5550.

* 1st Wednesday each month, 8:30 am - 4:30 pm, Mandatory First Term Soldiers Financial Readiness Class.

* 2nd Wednesday of each month 1 - 2:30 pm, Credit and Debt; 2:30 - 4:30 pm, Investment / TSP.

* 4th Wednesday of each month, 1 - 2:30 pm, Basic Budget; 2:30 - 4:30 pm, Checkbook Management.

FAMILY ADVOCACY

PROGRAM 263-HELP (4357)

The Family Advocacy Program provides services that support military Families. The programs are designed to prevent Family violence and sexual assault. An Anger Management Workshop will be offered on 5 and 12 March, 1 - 3 pm, at ACS, Bldg 402. This two part training is designed for those who would like to gain tools and techniques for managing anger effectively. A Couples Communication Workshop will be

offered on 27 March, 3:30 - 4:30 pm. All classes are free and require pre-registration. Please contact ACS at 263-8327 to register. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, Family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at

263-8327.

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at

New Parent Support Program

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive playgroup for parents and children aged birth to 6 years. Held Tuesdays 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at SHA CDC.
- **Breast Feeding Support Group** is held Thursday, 6 March, 9:30 - 10:30 am, at ACS, Bldg 402.
- **Baby Love Seminar** "Developmentally Appropriate Toys" held 25 March, during Play Morning.
- **Community Parenting Workshop** "Hands-on Fun Spring Activities to do with your child" held on 18 March, 3 - 4:30 pm at ACS Bldg 402. Preregister by COB 18 March at 263-8327/4572.
- **Baby Bundles** are available for new and expecting parents. Also, electric breast pumps can be checked out. Call 263-4572 or e-mail carol.watrous@us.army.mil for more information".

ARMY FAMILY ACTION PLAN SYMPOSIUM

12 - 14 March

12 March, 9:30 am - 4:30 pm at the Community Cultural Center

13 March, 8 am - 4:30 pm at the Community Club

14 March, 9 am - 2 pm at the Community Club

A connects **YOU**, with an **ARMY**.
F is idea and issue gathering.
A makes things happen, sometimes all the way at the **TOP**.
P like everything, has deadlines.

Look for the issue boxes, or log on with your ideas, issues, and comments. Our conference of subject matter specialists, commanders and caring contributors meets in March. Watch for the Issue Collection Boxes, or log on. <http://www.mwrjapan.up.pac.army.mil/> and click on "Submit a 2008 AFAP Community Idea/Concern". You will be heard. Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager (263-4357).

263-8327. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be provided. Contact Luticia Trimble-Smith at 263-8327 for additional information about domestic violence restricted and unrestricted reporting.

• **Sexual Assault Prevention and Response Program (SAPRP)**

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who is sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-4853 or the on-call Unit Victim Advocate at 090-9395-8909. To make an unrestricted report, contact the

Military Police at 263-3002, the chain of command, or the SARC at 263-4853 or 080-6772-6735.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent

Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4572.

COMMUNITY LIFE OFFICE 263-HELP (4357)

Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator at 263-8087.

ARMY FAMILY TEAM BUILDING (AFTB)

Join us for our next AFTB class. AFTB level I is being offered as a brown bag lunch series. Join us every Monday, 11:30 am - 1 pm, at ACS as we explore the basics of Army Life. Dates: 3, 10, 17, 24 and 31 March. For more information or to register for upcoming workshops, please contact the AFTB Program Manager at 263-4785

Information and Referral, 263-HELP (4357)

The ACS Resource Contact Information Database, which provides information on services, agencies and organizations for most military bases throughout Japan, is accessible using CAC readers at <https://intranet.zama.army.mil>. Click on the USAG-J icon, the Morale Welfare and Recreation icon, then the ACS Resource Contact Information icon (de-select the pop up blocker security setting). I&R also provides maps and information for local, public, private and voluntary agencies and organizations at Camp Zama military installations throughout Japan, and the local Japanese economy. For more information, contact Stacey Davis directly at 263-2382.

Japan weather information website: <http://www.jma.go.jp/jma/indexe.html>

- **NEW English as a Second Language Class:** Every Monday, 6 - 8 pm at ACS, Bldg 402.
- **Children's Japanese Class:** Every Monday, 10 am - noon. Taught by a native Japanese speaker.
- **Knitting and Crocheting Class:** Every Tuesday from 9:30 - 11:30 am.
- **Adults Japanese Language Class:** Every Wednesday, 10 - 11 am (advanced class) and 11 am - noon (beginner class). Taught by a native Japanese speaker.
- **Japanese Language and Culture Class:** Every 2nd, 3rd, 4th and 5th Thursday, 10 am - noon. All levels welcome. Taught by a native Japanese speaker.
- **English Teachers Network:** 20 March, noon - 1 pm. Find out how to recruit students, what fees to charge, how to advertise your services, teaching resources etc.

NOTE: Above classes are in the ACS Outreach Room, Bldg. 402.

●●●● All classes are cancelled on US Holidays ●●●●



“See the Bugle for the advertisement”.

V

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MWR at

[www.mwrjapan.jp.pac.](http://www.mwrjapan.jp.pac.army.mil/)

[army.mil/](http://www.mwrjapan.jp.pac.army.mil/) for club, golf,

bowling and lodging

information and more.

■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

TOMODACHI DAYS

Tomodachi Days in March are as follows:

7 March - Friday

14 March - Friday

21 March - Friday

28 March - Friday

Your Japanese guests (up to three) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP

TOURNAMENT

Thursday, 27 March, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

TRADE-INS

Trade-Ins. You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>

LUNCH

Saturdays (No Lunch Special)

Sundays

2 Turkey Ala King

9 Hamburger Steak
(Foiled Wrap)

16 Stuffed Beef Roll

w/Tomato Sauce, Swiss
Cheese, and Broccoli

23 Italian Chicken Cutlet

w/Tomato Sauce

30 Chicken Parmigiana

LUNCH

Mondays

3 Beef Broccoli

10 Sweet and Sour Chicken

17 Lemon Pepper Steak

24 Chicken Fried Rice

Tuesdays

4 Chicken Carbonara

11 Shrimp PO Boy

18 Turkey Cranberry Croissant

25 Grilled Chicken Wrap

LUNCH

Wednesdays

5 Bacon Wrapped Pork Loin

12 Meat Loaf

19 Roasted Chicken

26 Grilled Pork Chop

Thursdays

6 Spicy Baked Chicken

13 Chicken Enchiladas

20 Beef Fajita

27 Fried Chicken (2pc)

Fridays (Fried Cod Fish and Fried Shrimp and a Choice of Starch)



LEARN TO GOLF ADULT CLASSES



TAKE THE MYSTERY OUT OF GOLF

Course is designed for beginner golfers and covers putting, chipping, full swing, rules, and etiquette.

- Instructor: Dale Jorgenson, Director of golf
Schad Nii, Assistant Golf Professional
- Date: Wednesdays - Yearly Schedule
- Time: 4 - 5:30 pm
- Class Size: Maximum 16 and Minimum 6
- Price: \$99 per person
 - * Price includes: Five group lessons per session
(First four at range, fifth at course)
 - * Four 9 hole rounds of golf (cart not included)
 - * Golf clubs and balls (for class)
- Enroll: Sign up at the Golf Course Pro Shop
- Eligibility: SOFA status personnel, MLC, IHA, HPT and JGSDF only

2008 Group Lesson Schedule:

- * Session 1: 5, 12, 19, 26 March and 2 April
- * Session 2: 23, 30 April and 7, 14, 21 May
- * Session 3: 4, 11, 18 and 25 June and 2 July
- * Session 4: 13, 20, 27 August 3, 10 September
- * Session 5: 1, 8, 15, 22 and 29 October

POC: DALE JORGENSEN, DIRECTOR OF GOLF
dale.jorgenson@us.army.mil or 263-3694
SCHAD NII, ASSISTANT GOLF PRO
schad.nii@us.army.mil or 263-5284



ATTENTION

TEE TIMES



READY 4
TAKE OFF!

Effective immediately, no unaccompanied guests will be allowed to make tee times during the first 30 minutes during weekdays. The first two hours on weekends and US holidays are restricted to SOFA personnel and their guests only.

THIS MONTH'S SCHEDULE

- **King of the Hill Tournament**
Sunday, 2 March, 11 am - 6 pm.
- **Scratch Tournament**
Sunday, 9 March (in three divisions for bowlers with established averages).
 - * Division I:
160 average and below
 - * Division II: 161 - 180 average
 - * Division III:
181 average and above
- **No Tap Tournament (9, 8 pin and 3,6,9)**
Sunday, 16 March, 11:30 am - 2:30 pm.
- **Saint Patrick's Day**
Wear green and get 25% discount on bowling fees.
- **Cosmic Bowling Party**
Saturday, 29 March, 7 - 10 pm.
- **National Hot Dog Day**
For every strike you roll or split you convert you will receive a point stamped on your participation card issued by the Zama Bowling Center staff. Fill the card up and get a free hot dog.
- **Wednesday, "Family Time": free bowling** from 3 pm to closing.
- **Pre-Paid Bowling Cards**
10 games for \$15

Camp Zama Bowling Center

Easter Sunday Event

SUNDAY, 23 MARCH. 11 am - 1 pm.
Come in and try our "Brunch Special"
12 Egg Frittata/Omelete with Sausage or Ham, Onions and Mushrooms, Stuffed with Fried Rice all for \$15.
Serves 4-6 Persons
ENTER THE "CHALLENGE"
Eat one by yourself and get on the Wall with Paul Newman/Cool Hand Luke
CALL 263-4780



Camp Zama Bowling Center NATIONAL FAMILY DAY & NATIONAL NOODLE MONTH

We are offering a
"SPECIAL FAMILY DAY MEAL"
Monday, 24 March, 4:30 - 8 pm
Spaghetti and meatballs served with garlic bread & tossed green salad. Serves 4 persons.
Free bowling and free shoe rental.
Advance Meal Coupon: \$45.00
At The Door: \$55.00
CALL 263-4780



COMING SOON

Wednesday, 5 March, 3 - 7 pm (Driving Range)

THE CLUB FITTING LEADER



LOWER YOUR SCORE



Come out and try all the new G10 line of products from PING.

PING®
PLAY YOUR BEST

Cafe Roberto's is now proudly serving Starbucks Coffee such as Cappuccino, Cafe' Latte, Blend Coffee, American Coffee, Mocha Latte, Espresso and Hot Chocolate. Come join us!!!

USARJ COMMUNITY NIGHT PRESENTS



Friday, 21 March
CZCC Ballroom
1700-2000

*Hors d'oeuvres
 *Prizes and Entertainment
 *Tickets Available at Cashier's Window
 *Advance Ticket: \$3.00 At the Door: \$5.00
INFO CALL: 263-4547

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• "Karaoke" and "Hip Hop Music"
 Every Friday night "Karaoke" from 7 - 10 pm and "Hip Hop Music w/ DJ" from 10 pm - 3 am in the Firelite Lounge playing your favorite Hip Hop artist songs.

SATURDAY NIGHT ENTERTAINMENT IN FIRELITE

• Saturday Night (Country Music with DJ)

On 1 and 8 March, 8 pm - 2:30 am in the Firelite Lounge hear your favorite country artist songs. On the 2nd and 4th Wednesday enjoy free line dance instruction from 8 - 9:30 pm.

• Old School Music w/DJ

Saturday, 15 March, 8 pm - 2:30 am in the Firelite Lounge playing your favorite 60's, 70's and 80's artist songs.

• Latino Night

Saturday, 22 March, 8 pm - 2:30 am in the Firelite.

• Country Band "Wildwood Roses" Music w/DJ

Saturday, 29 March, 8 pm - 2:30 am, in the Firelight playing your favorite country artist songs. Band perform at 9 pm. Please call 263-4547 for more information.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adult: \$12.95
 Youth 8 - 12: \$6.95
 Youth 4 - 7: \$3.95
 3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 4 • Chicken Parmesan w/Pasta
- 11 • Beef Stroganoff w/Pilaf (No vegetable of the day)
- 18 • Sliced Roasted Beef
- 25 • Beef Pot Pie

Wednesday: (Rotisserie Chicken, Chicken Don)

- 5 • Shrimp and Penne au Gratin Casserole w/vegetable of the day
- 12 • Italian Hamburger Steak
- 19 • Pork Picata w/Tomato Sauce
- 26 • Pork Green Pepper w/Potatoes

Thursday: (Rotisserie Chicken and vegetable of the day)

- 6 • Mediterranean Chicken
- Pork Chop Suey
- 13 • Turkey a la King
- Brased Pork Chinese
- Mulligataway Soup
- 20 • Bulgoki
- Sweet Sour Pork
- 27 • Demiglaze Pork Ginger

TEXAS HOLD'EM NO LIMIT "TOURNAMENT"

Saturday, 15 March, 2 pm, CZCC Ballroom

- Tickets purchased by 11 March \$40 (\$50 after 11 March)
- Covers the cost of buffet, non-alcoholic beverages
- Sign-up in the cashier's window at CZCC
- Rules will be available at the time of sign-up

SPECIAL EVENT!!!
TEXAS HOLD'EM OR FOLD'EM
Saturday, 22 March
1 pm, CZCC Ballroom
 See posters for more details

MORE INFORMATION: 263 - 4547

LUNCH

Friday "Lunch Buffet" (vegetable and soup of the day) only \$6.95.

- 7 • Chinese Chili Chicken
- Beef Broccoli
- Fried Shumai
- Fried Rice
- 14 • Chicken Cacciatore
- Baked Fish Basil w/Pesto Sauce
- Ravioli w/Pomodoro and Alfredo Sauce
- Garlic Bread
- 21 • Petty Pork Cutlet w/Curry Sauce
- Tandoori Chicken
- Ground Beef Curry
- White Rice
- 28 • Chicken Fajitas
- Beef Taco Bar
- Chicken Enchiladas Verdes
- Mexican Rice and Corn

DINNER MENU

Sunday (Limited Menu) 5 - 9 pm

Two for One Steak Night for \$20

(good for "Steak of the Night" only and no take out)

(Includes soup and tossed green salad, hot vegetable of day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights).

Monday - Closed

Tuesday

2 Meals for \$15 and regular menu 5 - 9 pm. Menu will change every week.

Wednesday (5 - 9 pm)

- Mongolian BBQ
- Limited Menu

Thursday (Limited Menu) 5 - 9 pm

- "All You Can Eat Pasta, Pizza, Soup and Salad Bar" (no take out)

DINNER MENU

Adult: \$10.95

Youth 4 - 12: \$5.95

3 and under: Free

Friday (Regular Menu, 5 - 10 pm)

21 Community Night

Saturday (Regular Menu) 5 - 9 pm

- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

22 Texas Hold'em / Black Jack Tournament

Our regular menu will be offered in addition to the above specials on Saturday night.

Cafe Roberto's is now offering a Continental breakfast, Tuesday - Friday, 7 - 9 am.

CAMP ZAMA COMMUNITY CLUB

Dining Out

USA Dining Room

Tuesday Night Family Special
5 - 9 pm

Any Two Meals ~ \$15

Theme Menus ~ American, Chinese, Japanese, Korean, Mexican, etc.
*Menu changes every Tuesday.

*Includes soup & salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

*Sorry NO take-outs!

Sunday Brunch

Open: 10 am - 1:30 pm

Adults: \$12.95 • 8 - 12: \$6.95

4-7: \$3.95 • 3 and under: free

Mongolian BBQ

Every Wednesday in the ballroom,
5 - 9 pm with modified menu.
Reservations are welcome.
(please call before 3 pm)

*USA Dining Room is closed.

USA Dining Room

Thursday "All You Can Eat"

Pasta, Pizza, Soup & Salad Bar

Adults: \$10.95 • Ages 4 - 12: \$5.95

Under 3 years old: FREE

*Regular menu is available.
Sorry, NO take-outs!

Saturday Night Special

Prime Rib

or

Prime Rib & Shrimp Scampi

*Our regular menu will be offered in addition to the above specials on Saturday night.

Friday Night Chef Special

Our regular menu will be offered in addition to the Friday night chef's special.

EVERY SUNDAY STEAK NIGHT

Two for One Steak for \$20 includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato.

*Modified menu will be offered on Sunday nights.
Sorry, NO take-outs!

“See the Bugle for the advertisement”.

LUNCHES

MONDAY

- 3 Garlic Chicken Saute
- 10 Turkey and Bean Enchiladas
- 17 Meatball Stroganoff
- 24 Chinese Sweet and Sour Pork
- 31 Beef Steak w/Wine Sauce

TUESDAY

- 4 Pork and Kimchee Saute
- 11 Hamburger Steak w/Cheese
- 18 Chinese Chicken w/Chili sauce
- 25 Hamburger Steak w/Mushroom Sauce

WEDNESDAY

- 5 Chicken Fujitas
- 12 Lasagna w/Garlic Bread
- 19 Beef Curry w/Indian Bread
- 26 Pork Ginger

THURSDAY

- 6 All-U-Can Eat American Buffet
- 13 Pork Chop Suey
- 20 All-U-Can Eat Italian Buffet
- 27 Lasagna w/Garlic Bread

FRIDAY

- 7 Seafood Plate
- 14 Cajun Style Fried Catfish
- 21 Shrimp Soft Tacos
- 28 Salmon Encrout

DINNER SPECIALS

TUESDAY NIGHT (LIMITED DINNER SPECIAL - \$7.50)

- 4 Mexican Dinner Special
- 11 BBQ Dinner Special
- 18 Japanese Dinner Special
- 25 Pizza and Pasta Dinner

WEDNESDAY NIGHT

Family night movies for adults and youth (5, 12, 19 and 26 March) regular dinner menu. Choose your discount.

THURSDAY NIGHT (REGULAR DINNER MENU)

FRIDAY NIGHT

(MONGOLIAN BBQ)

Friday, 7 and 21 March, enjoy the best Mongolian BBQ in town!!!

- 1 Regular Dinner Menu
- 15 Regular Dinner Menu
- 29 Regular Dinner Menu

SATURDAY NIGHT

- 1 Steak and Scallops Set (\$20)
- 8 Steak and Seafood Plate Set (\$25)
- 15 Steak and Shrimp Set (\$20)
- 22 Regular Dinner Menu
- 29 Regular Dinner Menu

To make a party reservation at Sagami Lounge, please phone 268-4954.

CAMP ZAMA COMMUNITY CLUB



THE YALE ALLEY CATS

is one of the nation's most renowned a cappella groups, a fourteen-person all-male a cappella ensemble. Their repertoire includes jazz, Motown, pop, classical & many more genres.

6~8 pm
Saturday
22 March
CZCC Ballroom

*For more info, please call 263-4547.

■ HOB NOB INN • 267-6097

PARTY RESERVATIONS: Looking for a place to host your private party? The Hob Nob Inn dining room is available Wednesday through Saturday. Dates and times are available on a first come, first served basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation during operational hours at 267-6097 or the Camp Zama Community Club at 263-4547.



Visit Hob Nob Inn and check out the new large 42" flat screen television and karaoke machine. We have the equipment to make you look like a movie star and sound like a professional singer.

Friday, 28 March, "Hob Nob's SOUTHWESTERN BUFFET", 5 pm. Please see page 1 for the details or call 263-6097.

HOURS OF OPERATION

Lounge and Game Room

Sun, Mon, Tue: Closed
Wed: 1630 - 2300
Thu: 1630 - 2100
Fri: 1630 - 0100
Sat: 1900 - 0100

Camp

Zama Youth Sports and Fitness is continuing their efforts to spice-up their programs by adding at least one "bilateral event" for most sports. Bilateral events are American teams versus teams from the local Japanese community. The bilateral events go far beyond the actual competition and allow interaction between the communities both at the youth and adult level. These events are fun, educational and help bolster relations between the host nation and the Camp Zama community.

■ Youth Sports and Fitness

• 263-5437/4066/5991

The Camp Zama Youth Sports and Fitness program follows the guidelines of the National Alliance for Youth Sports (NAYS) organization. These guidelines were developed to provide youth a safe environment in which to participate range of sports with a main focus on maximum participation and fun. The NAYS organization created two organizations geared towards educating parents and coaches: the Parents Association for Youth Sports (PAYS) and National Youth Sports Coaches Association (NYSCA). Youth Sports and Fitness educates its parents and coaches through the guidelines of these two associations. Coaches attend the NYSCA certification for each sport and parents must attend a PAYS meeting once a year.

Under the NAYS guidelines we have created the baseline for age group separation: 3 - 4, 5 - 6, 7 - 8, 9 - 10, 11 - 12, and 13 - 15. We also offer girls divisions in soccer, softball, and basketball: 9 - 11, and 12 - 15. The focus for each age group is as follows: 3 - 4 and 5 - 6 year olds and is to create a developmental program, 7 - 8 year olds create a sports introduction program, 9 - 10 year olds create an organizational program, 11 - 12 and older focus on a skill enhancement program.

• **The National Alliance for Youth Sports (NAYS)** is America's leading advocate for positive and safe sports and activities for children. The goal of the National Alliance for youth sports and activities is to provide programs and services that add value to youth sports. NAYS knows that parents can play an essential role in the success of youth sports programs. Unfortunately, when there is conflict, miscommunication or disruptive behavior, parents can also have a negative effect on programs. That's why NAYS created the Parents Association for Youth Sports (PAYS) program. This educational program offers a simple, effective way to make parents aware of their roles and responsibilities and ways they can make the youth sports experience more enjoyable and positive.

• **The National Youth Sports Coaches Association (NYSCA)** is a membership organization and the most widely used volunteer coach training program in the nation, having trained more than 2 million coaches since its inception in 1981. The NYSCA volunteer coach training program is designed to sensitize volunteer coaches to their responsibilities and hold them accountable to a strict Code of Conduct defined by the NYSCA Coach's Code of Ethics Pledge.

Start Smart Program

For all Youth Sports and Fitness information, please visit our web site at: www.zamayouthsports.org

Youth Sports and Fitness is now in the process of implementing the Start Smart Program in the CDC's and SAS program, (see schedule below):

Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is a step-by-step approach that builds confidence and self-esteem, and makes sports fun. Start Smart was developed by top motor skill development specialists in the field of youth sports. Parent-child groups perform motor skill tasks that gradually build confidence in children while they are having fun at the same time.

Starting & ending date	
Basketball	18 Feb - 28 Mar
Baseball	7 Apr - 16 May
General	26 May - 4 Jul
Golf	14 Jul - 22 Aug
Soccer	15 Sep - 24 Oct
General	3 Nov - 12 Dec

Benefits of participation:

- Builds confidence and self-esteem in children
- Fun and positive early experience in sports
- Helps prepare kids for future sports participation
- Helps prepare kids and parents for specific sports
- Quality time together for parent and child
- Helps parents learn how to support and teach their child

SCHEDULE OF YOUTH SPORTS ACTIVITIES

Events	Registration Date	Cost	Event Date
Baseball and Softball Season	Until 28 Mar	\$40	26 April - 7 Jun

• All registrations are taken at the CYS Central Enrollment Registry Office, Bldg #533. For more information, call 263-4066/5991.



CZCC Easter Brunch

Sunday, 23 March
CZCC Ballroom, 10 am-2 pm

Adults: \$15.95, Kids 4-12 yrs: \$8.95,
Kids 3 and under: FREE

tickets will be \$3 more at the door

Menu

Omelet Station (Your Choice Of Selections)
 French Toast, Belgian Waffles w/Maple Syrup and Whipped Cream
 Breakfast Potatoes, Bacon and Sausage
 Eggs Benedict, Boiled egg

Entrée

Garlic Bread n' Cheese-Stuffed rolled Chicken Breasts
 Scotch Eggs w/Tomato Sauce
 Broiled Salmon Florentine
 Shrimp Penne Au Gratin
 Whipped Potatoes w/Gravy
 Macaroni Cheese
 Italian Meatballs w/Tomato Sauce
 Chicken Creole Rice
 Green Beans
 Buttered Corn
 Assorted Bread and Rolls

Soup
 New England Clam Chowder
 Manhattan Clam Chowder

Carving Station
 Glazed Ham w/Dijon Pineapple Sauce
 Roasted Beef Top Round w/Aujus

Salad Bar

Assorted Dessert Station
Ice Cream Bar

Call: 263-4547

12TH ANNUAL INTERNATIONAL FRIENDSHIP HALF

MARATHON

Sunday, 20 April, 9 am, Sagami General Depot

The cutoff date for registration is 31 March
(sorry, this date can not be extended).

- This event is "FREE" for SOFA status personnel and their Family members.
- There will be "SPECIAL AWARDS" for SOFA personnel.
 - For Men: top 2 places in three categories: 5K, 10K and Half Marathon
 (NOTE: Although runners will compete by age groups (39 and under and 40 and over), the 2 awards are given for the BEST TIMES in each of the three categories.
 - For WOMEN: top 2 places in three categories: 5K, 10K and Half Marathon

NOTE: There is also a 2K run "Child & Parent Pair"
(grades 1 - 4 --- one parent must run).

For additional information and to obtain a registration form, please phone 263-7980 / 3954.



Photos by Mr. Steve Lowell

Special Guest: Arizona Cardinal Cheerleaders

Super Bowl Party was "SUPE

The excitement of the Camp Zuma Super Bowl Party began early when the Arizona Cardinal Cheerleaders walked in, culminating a truly "Fantastic finish".

A crowd of well over 500 packed the Zuma Community Club to enjoy championship football, good food, entertainers, and the opportunity for two to fly to Hawaii to enjoy the Pro Bowl game.

If you're a card player, two "kings" and a "queen" would be a good start to your poker hand. At the Party, the two big special drawings (for military personnel only) for the "King of the Quarter" (2nd and 4th quarter respectively). They won include an official NFL football with logos of all 32 teams. The major door prize winner (and "Queen") was Hilda Diaz.

The major focus at the Party was the Cardinal Cheerleaders. From their early entrance until the game was over, their many requests for an autographed picture or personal photo were always met with a pleasant, positive response. They want you to know that you were "SUPER" too!! Thanks for giving us these great memories....



ER"



*Photo credit: Ms. Susan Nakahara, Tuli Newspaper
Ms. Chris Bush, Tuli Newspaper*

into the ballroom to open the festivities, and continued until the game clock read "0:00"

ment provided by the Cardinal Cheerleaders, a chance to win a quality door prize, and an

rings and one queen were the big winners. SFC Clarence Pichum and SSG Darnion Wildy won the
the opportunity to sit with the cheerleaders for the quarter, plus each received five prizes to
, who won two roundtrip airline tickets to Hawaii and two tickets to the Pro Bowl game.

r enthusiasm and cheerful spirit were quickly recognized, and appreciated, by the crowd whose
were terrific ambassadors for the NFL. The Party was "SUPER", but to the Cardinal Cheerleaders,



Z A M A I T T

Spring ESCAPE **ON SALE**

APRIL 5 - 13, 2008

SPRING ESCAPE TOURS ARE AVAILABLE FOR SIGN-UP NOW.

- Best of China (Beijing - Xian - Shanghai)
- Beach & City (Singapore - Phuket)
- Exotic Asia (Bangkok - Hong Kong)
- Indo China Discovery (Siem Reap & Ho Chi Minh)
- Cairns Family Adventure (Cairns - Undara Lava Lodge - Great Barrier Reef)
- Thailand & Laos (Bangkok - Luang Prabang - Vientiane)
- Golden Triangle of India (Delhi - Jaipur - Varanasi - Agra)
- Tibet Discovery (Beijing - Chengdu - Lhasa)

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.


 • Military PHONE 263-5273/4059
 • Military FAX 263-7507
 • E-Mail travel@zamaitt.com

• Commercial PHONE (046) 254-8896
 • Commercial FAX (046) 255-0356
 • Website: <http://zamaitt.com>








CAMP ZAMA COMMUNITY

OVER 50 VENDORS: CHINESE ROSEWOOD FURNITURE, CLOTHING, JEWELRY, POTTERY, ANTIQUES, TOYS, ELECTRONIC GOODS, KIMONOS, ARTS & PICTURES, KOREAN & THAI FURNITURE, HONG KONG LINENS.

MARCH 2008





BAZAAR

AT THE CAMP ZAMA COMMUNITY CLUB

For more information: 263-5316

Bank representatives will be at the CZCC from 1100 - 1500 on Sat & Sun to provide Shoppers get extra shopping money (Instant loan). Just need to show copy of the last two LES.

SHA CHILD DEVELOPMENT CENTER

- Hinamatsuri Day Celebration Monday, 3 March
 - SHA CDC PAC Meeting (for patrons only) will be held on Thursday, 13 March, 4 - 4:45 pm, at the Sagami-hara Housing Area Child Development Center.
 - Madness College T-Shirt Day Thursday, 27 March, 3 - 4 pm.
- For more information, please phone 267-6564.

ZAMA CHILD DEVELOPMENT CENTER

- Zoorasia Family trip, Saturday, 8 March, 8:30 - 4:30 pm.
 - PAC Meeting Wednesday, 12 March, 4 - 5 pm.
 - Spring Fling (Spring Carnival for kids and Families), Friday, 21 March, 4 - 6 pm.
- For more information, please phone 263-4205.

Zama Child Development Center

Parents Night Out

Friday, 21 March, 5 - 11:30 pm

**\$20
per child**



For reservations:

- Reservations and payments must be made at CYS Central Enrollment Registry Office prior to the event.
- Child must be registered with Child and Youth Services (CYS).
- Cancellations must be made two (2) days prior to the event.
- Unlimited space available.
- Open to children 6 weeks to age 12.

*** Light dinner will be provided at 6 pm and a snack at 9:30 pm ***

For more information, please call CYS Central Enrollment Registry Office at 263-4743/4125

RISE TO THE TOP KARAOKE

Camp Zama's First Annual Karaoke Contest at CZCC

Starting Saturday, 3 May

10 May: Quarter Finals, 17 May: Semi-Finals, 23 May: Community Night Finals

- Sign Ups will be taken at CZCC from 1 April - 1 May
- Fee: Free
- Requirement: Have Fun
- Open to the USAG-J Zama Community to include: All SOFA Personnel, MLC/IHA Personnel, JGSDF, High School Students (must be accompanied by a guardian/parent)
- Event will be held at CZCC with preliminary round starting with an a capella audition with a panel judge of 3 community members. The preliminary round will start with all contestants.
- Singers will provide a CD with their song with MUSIC ONLY.



GRAND FINALS WILL BE HELD ON USARJ COMMUNITY NIGHT FRIDAY, 23 MAY, 1700-2000, IN THE CZCC BALLROOM

Hors d'oeuvres. Prizes and Entertainment

TICKETS AVAILABLE AT CASHIER'S WINDOW *ADVANCE TICKET: \$3.00, AT THE DOOR: \$5.00*

If you are an aspiring artist, or just want to have fun with your friends, check out our Arts and Crafts program every Tuesday at 3 pm.

If you would like detailed information on any of our programs, please check out our web site at <http://www.zamayouthcenter.org>

YOUTH CENTER

Are you ever bored on Sundays? The Zama Youth Center will be open on 9 and 23 March, noon - 5 pm.

• *Teen Army Family Action Plan (AFAP)*

Teen AFAP will be held 29 February - 2 March. If you are a teen in grades 9th thru 12th and want to make a difference in our community this is the way to do it. Call 263-4500 for more information.

• *Sixth Grade Happening*

Friday, 21 March, the monthly "6th Grade Happening" will be held from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

• *Parent Advisory Committee Meeting (PAC)*

Wednesday, 12 March, the monthly PAC (Parent Advisory Committee) will be held at the Zama Youth Center starting at 5:30 pm. You are an important part in helping us with input regarding youth center programs, as well as establishing or changing youth center procedures.

• *Tae Kwon Do Classes*

Child and Youth Services offers Tae Kwon Do taught by Sensei Kang, 7th degree black belt, from beginner to advance for youths ages 5 and older. Classes are every Monday and Thursday from 5:30 - 7:30 pm. Cost is \$45 per month. For more information, call 263-4125.

COMPUTER LAB

• *Digital Arts Festival (Graphic Design)*

Learn how to design graphics and have it entered in a competition to win awards and prizes. Age groups are 10 - 12, 13 - 15, and 16 - 18. All local winners will advance to the regional competition. For more info, go to <http://zamayouthcenter.org/techlab/digitalartsfestival08.htm>

* *Basics of Graphic Design*

Thursday, 6 March

* *Create a Cover of Your Own Magazine*

Thursday, 13 March

For more information, go to <http://zamayouthcenter.org/techlab/digitalartsfestival08.htm>

• *Meetings*

Join the best Teen Tech Team in the Army! - Meetings are on Tuesdays from 3:30 - 5:30 pm in the tech lab. Tech team members are involved in photo taking, manipulation, movie making, web designing and community projects concerning technology and much, much more. <http://www.zamayouthcenter.org/clubs/techclub.htm>.

• *Lego Robotics Program*

Registered members who are in 6th thru 12th grades will meet 12 and 26 March, 3 - 5 pm. The participants co-operate with adult mentors to create robots according to their own interest. Participants start by using pre-existing instructions to build their robot, followed by a programming and investigation session that defines the blueprints for the robot's performance. Contact Mr. Sheahan at 263-8573 for more information. <http://www.zamayouthcenter.org/techlab/robotics.html>

Only \$45
SKIING SNOWBOARDING
at Yuzawa Ski Resort
Monday, 24 March
Departs Youth Center: 5 am • Return: 9 pm

The fee includes free ski or snowboard rental, transportation and free instruction from a trained professional. You must go to Outdoor Recreation for free equipment rental 7 days prior to the trip. Sign up at CYS Central Enrollment Registry Office, Bldg #533. For more information, please call 263-5441/4500.

CANCELLED

• ZTN Zama Teen News

Join us on our very own news show. Club members in grades 6 - 12 will meet on 5 and 19 March, 3 - 5:30 pm. Learn how to film, edit and produce our own news show which will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join in at any time. Volunteers are needed to help make this program a success. Contact Mr. Sheahan at 263-8573 or e-mail at

techlab@zamayouthcenter.org for more info. More information on our ZTN program can be seen at www.zamayouthcenter.org/ZTN

• Friday Night Game Night

Attention!!! All registered youth center gamers who are in 6th thru 12th grades. Join us the second and fourth Friday night (except on dance nights) from 6 - 10 pm for "Game Night" and battle it out with our popular tank game and more. Prizes will be given out for the Top Dogs. Contact Mr. Sheahan for more info

at 263-8573 <http://www.zamayouthcenter.org/techlab/game-night.htm>

• STRATA 3D

All registered youth center gamers who are in 6th thru 12th grades will have an opportunity to see how an object can turn into a 3D image. STRATA 3D is the program that makes it possible. Contact Mr. Sheahan for more information at 263-8573.

■ School Age Services • 263-6317

SAS BEFORE AND AFTER CARE

Are you looking for a place where your children can join other children in a fun learning environment? Come join School Age Services Before and After School Program!

• School Age Services March Theme

4-H Fun Carnival / Women History Month

• Character Counts

Fairness

• SAS operational hours

Regular: Monday - Friday

0630 - 0830 and

1500 - 1800

Early Care: Monday - Friday

0530 - 0630

SAS MARCH EVENTS

- Read to CDC children (Community project): Friday, 7 March, 4 - 5 pm (half a day school).
- SAS Parents Advisory Meeting: Thursday, 20 March, 5 - 6 pm.
- In House Activities: Friday, 28 March afternoon (half a day school)

No School Days: 0530 - 1800

• Open Recreation

Monday - Friday

1500 - 1800

Saturday

1300 - 1700

REGISTRATION

To register your child, or for more information, please stop by the CYS

Central Enrollment Registry Office in Bldg 533, or call 263-4125 or SAS at 267-6013.

Parents, please come and help support the Parent's Advisory Council. We meet every third Thursday each month in Bldg 337 at 5 pm.



BOYS & GIRLS CLUBS

SAS OPEN RECREATION

SAS Open Recreation is available now!! Parents, are you looking for a program that can provide great fun for your children from Monday to Saturday? School Age Services is offering open recreation opportunities in the After School Program, and Saturday afternoon for youth currently enrolled in grades one to six. Youths who participate in SAS open recreation daily activities

(arts, games, sports, etc.), please be advised that from Monday to Friday attendance from 3 - 6 pm is based on space availability. On Saturdays, the maximum attendance is 30 children. Come and join this unique program. We will be planning several field trips during open recreation time on Saturdays.

INFORMATION FOR OPEN RECREATION

• Youths are limited to ten hours of

open recreation per month. Each youth must have an "Open Recreation" card to participate and must be registered with CYS.

• Participation is limited to youths in grades one to six.

• CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office (Bldg 533). Each card is issued for a specific month.

• Questions? Please call 267-6013 or 263-4743.



ANTED:

The Community Cultural Center is looking for Theater Production, Sax, Guitar and Drum Instructors.

For more information, call 263-3939/8892.

The Community Cultural Center is looking for Community Drama Club members. For more information, call 263-3939.

■ Community Cultural Center

• 263-3939/5712/8892

CLASSES

• Ballroom Dance

* Beginner's Class (four classes per month, ¥3,000).

Tuesday and/or Thursday:

5:15 - 6:10 pm

The class is basically designed for beginners using simple steps. It takes about six months to go through all the dances.

Standard:

Slow Rhythm Dance
(party dance)

Basic Waltz

Basic Tango

Mambo (party dance)

Latin:

Basic, Cuban Rumba

Cha Cha Cha

Jitterbug (party dance)

* Basic Class (four classes per month, ¥4,500):

Thursday: 6:20 - 7:15 pm

The class is designed for students who have completed the beginner's class, or students who have been attending the beginner's class, or people who have some experience and good physical ability for dancing.

* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years experience, skills and abilities for ballroom dancing.

• Hula Dance I and II (four classes a month).

I (beginner): \$50

Tuesday, 5 - 6 pm.

II (intermediate): \$50

Thursday, 5 - 6 pm

• Piano Lesson (four classes a month, ¥6,500).

Monday - Friday.

• Violin Lesson (four classes a month, ¥6,500).

Tuesday or Thursday.

• Koto Lesson (four classes a month).

Adult: ¥8,000, Youth: ¥7,000,
Tuesday.

• Jazz, Ballet and Lyrical Dance

Monday and Wednesday.

Community Cultural Center
a
Tamagawa University E.T.C. Performance

THE WIZ

Book by William F. Brown • Music & Lyrics
by Charlie Smalls Based on the story "The
Wonderful Wizard of Oz" by Frank Baum.

8 & 9 March

Doors Open ~ 4:30 pm • Show Starts ~ 5 pm

*For more information, please call 263-3939.

Tickets on sale NOW!

Do you think you have what it takes to be a hip hop star?

HIP HOP OPEN NIGHT MIC

CZCC will host its first OPEN MIC NIGHT
Starting Friday, 7 March, 10 pm

- Event will be held March, April, & May
- Two (2) tryouts per contestant
- Contestants must provide a CD or perform a capella
- Participants can perform alone or as a group
- NO EXPLICIT lyrics can be used during the performance



GRAND CHAMPION
will receive a mixing board
compliments of the CZCC

FOR MORE INFORMATION, CALL 263-4547

**\$50 a
night**



TORII BEACH CABIN

Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD players and BBQ grill. Visit Torii Beach Office, Bldg T301 to check in/out. Check in time is 3 - 5 pm. Check out time is 11 am. For more information, dial 99-098-911-5111 wait for dial tone, then dial 644-4659.

CHILD & YOUTH SERVICES

EASTER EGG HUNT

22 MARCH 2008

Come out and participate in Child & Youth Services annual Easter egg hunt. This year's event will be held at the Zama Youth Center on 22 March 2008 from 2:00 pm to 4:30 pm. We will provide fun activities for both youths and parents. Over 5,000 eggs will be hidden in the front of the facility. We will provide art projects, parent child relay races and much more.



Times for Easter eggs hunt.

Ages	Time	Ages	Time
0-2	2:00 pm	9-11	3:05 pm
3-5	2:20 pm	12-15	3:30 pm
6-8	2:45 pm		

For more information, 263-4500



The Jacuzzi, Steam Room and Sauna are coed at the Yano Fitness Center. On Wednesday mornings, both are closed for maintenance.

■ Sports Office • 263-3954/4664

RACQUETBALL TOURNAMENT

There will be a racquetball tournament on Saturday, 15 March, 10:30 am at the Yano Fitness Center. The event is open to all military personnel in the Camp Zama, Sagami Depot, and Sagami Housing Area, retirees, DoD/DAC, AAFES, family members (18 years of age or older and not in high school), JGSDF, and MLC employees. There will be men's and women's divisions. Please register at the Yano Fitness Center issue counter by Thursday, 13 March, 5 pm. There is no fee for this tournament. Commander's Cup points will be awarded for this event.

TANNING BOOTH

The Yano Fitness Center has two tanning booths. Hours are:

Monday - Friday:

6:20 am - 6:25 pm

Weekends:

10:05 am - 5:35 pm

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18). For more information, call 263-4664/3954.

• Aqua Massage

Yano Fitness Center offers aqua massage; \$5 for 15 minutes. You must be at least age 18.

YOGA

• **Hatha Yoga** is being offered at Yano Fitness Center on Sundays at 3:30 pm, Wednesdays at 5:15 pm, Tuesdays and Thursdays at 10:30 am and 5:15 pm. The cost is \$6 per session, \$20 for a 4 session card and \$45 for a 30 day card. Morning and afternoon classes are "Gentle Yoga" and evening classes are "Yoga Flow" for a more vigorous workout.

MASSAGE

• Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by



INTRAMURAL VOLLEYBALL 2008

- Season starts on/or about 17 March.
- Units and organizations in the Camp Zama, Sagami Depot, and SHA areas eligible to enter.
- Entry deadline is 3:30 pm, Wednesday, 12 March.
- Individuals desiring to participate whose unit or organization does not have a team may enter the player's pool.

*For more info, please call 263-4664/7980.

INDOOR TRIATHLON

10:30 am, Saturday, 22 March
Yano Fitness Center & Pool

Swim: 200 meters • Stationary bike: 5 miles • Run: 2 miles (Treadmill)

- Men & Women Divisions
- Open to all military personnel, retirees, DOD/DAC, AAFES, family members (18 years of age or older & not in high school), JGSDF and MLC employees in the Camp Zama community.
- Unit level competition of Commander's Cup teams. (however individuals without a team may participate)
- Each team will consist of 3 males & 1 female.
- Please register at the Yano Fitness Center Issue Counter by 5 pm, Thursday, 20 March.
- Awards will be presented to the top 2 men & women and 1st & 2nd place unit level teams.
- Commander's Cup points will be awarded for this event.



*For more info, please call 263-4664/7980.

appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 8:30 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

AQUATICS (263-5656/4664)

• **Yano Indoor Pool Hours**

Monday - Friday: 6 am - 7 pm

Saturday, Sunday, Holidays:

10 am - 6 pm (unless otherwise posted)

• **Water Aerobics Days and Hours**

Yano indoor pool:

Tuesdays and Thursdays

9 - 10 am

Mondays, Wednesdays and

Fridays 6 - 7 pm

See flyer for specific details and cost.

• **Age Policy for Pools**

Children 12 years of age and below are not permitted in the pool unless accompanied by, and under the direct supervision of a parent or

adult guardian. Children 13 and older have access to the pool without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Party Reservations.**

If you are considering a party in the solarium, please submit a "solarium reservation request" to the front desk at Yano Fitness Center no less than two weeks in advance. Forms are available at Yano and can be e-mailed to you upon request.

• **Training Reservations** for the

swimming pool.

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the Yano Fitness Center. For reservations, submit the reservation request no less than two weeks in advance. Forms can be e-mailed upon request.

Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, Swimming Technique, Water Polo, and Water Basketball.




U

sed Vehicle
Courtesy Inspection. We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Sunday - Monday - CLOSED
Tuesday - Friday: 1 - 9 pm
Saturday: 10 am - 6 pm
Training Holiday: 10 am - 6 pm

PLEASE NOTE:

- Tuesday - Friday clean up starts a half hour before closing.
- Saturday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

HARLEY DAVIDSON PRODUCTS

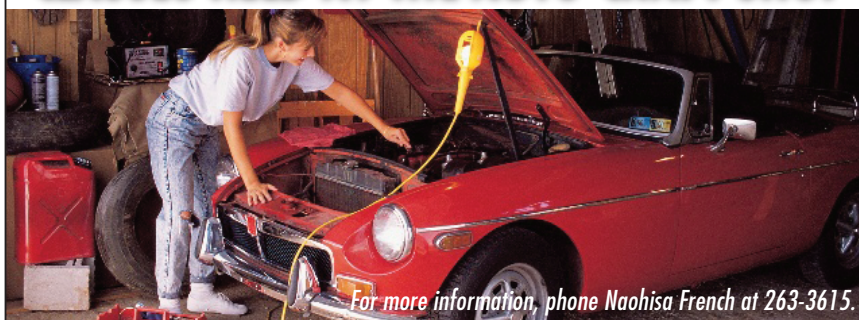
The Auto Craft Shop has limited resale items for Harley Davidson. We have the basics for a tune up, various oil and lubes, spark plugs and some gaskets. Stop by the shop and see what we have to offer.

CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagamihara Housing Area, the car wash is located behind the Sagami-hara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open six days a week, Monday 8 am - 4:45 pm, Tuesday - Friday 8 am - 8:45 pm and Saturday, 9 am - 5:45 pm.

C a m p Z a m a A u t o C r a f t S h o p

CLASSES HELD AT THE AUTO CRAFT SHOP



For more information, phone Naohisa French at 263-3615.

- How to change your coolant / antifreeze: 5 and 19 March
- How to do a basic check of your vehicle: 9 and 16 April
- Basics of stereo installation: 12 and 26 March
- How to change your oil and oil filter: 16 and 30 April

TOWING SERVICE AND ROADSIDE ASSISTANCE



We offer a towing service and roadside assistance Tuesday through Sunday during regular Auto Craft Shop hours of operation.

Call for rates and more information at 263-3615

HELPFUL HINT

- Did you know it is highly recommended that you change your windshield wipers at a minimum once every two years and once a year in heavy rainfall areas and dry hot areas? Most wiper blades are made out of rubber and after a while they dry out, get hard and brittle, and eventually fall apart. With heavy rainfall, there is much more usage and wear and tear on the blades.
- Did you know that lots of "stop and go" traffic makes you have to change your engine oil sooner? The oil has to work harder with the engines "inconsistent" speed.



HELPFUL HINT

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Sundays, 10:45 - 11:45 am, Catholic Religious Education Class, Religious Education Center (every Sunday except federal holiday weekend).

PROTESTANT SERVICES

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 11 am, Children's Church

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel.

Wednesdays, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, Sagamihara Chapel

Sundays, 9 am, Children's Church, Sagamihara Chapel

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel

Fridays, 6:30 pm, Prayer, Sagamihara Chapel

SEVENTH DAY ADVENTIST SERVICES

1st and 3rd Saturdays, Joint Service, Traditional Chapel at Yokota AB.

10 am, Sabbath School

11 am, Divine Worship

Contact Tom Johnson at 263-9004 or tjohn6@hotmail.com.

JEWISH SERVICES

Please contact Sharon Goodman at 267-6190, or sharonrok@yahoo.com for Jewish activities at Camp Zama and information about Jewish events in the Kanto Plain.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel, contact Mr. or Mrs. Fulford at 046-257-0613.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Sundays, 1 - 4 pm, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base East Gate.

Tuesdays, 7 pm, Tuesday Night Youth Service, Sagamihara Chapel. Call Richard Smith, 264-6545, or Reid Maekawa, 263-7869.

THE CHURCH OF CHRIST

Sundays, 9:45 am, Sagamihara Family Housing Area, 301D.

Wednesdays, 7 pm, Bible Study, Camp Zama #1076A.

For more information, call 263-6529 or e-mail slmerrell@yahoo.com

ON GOING BIBLE STUDIES

Wednesdays, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Sims at 263-7481/7108.

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Dana Sims at 263-7481.

Thursdays, 11:30 am, Men's Bible

Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Dana Sims at 263-7481.

Thursdays before Second Sunday, 6 - 7 pm, Men's Bible Study, Sagamihara Chapel, Pastor Sims at 263-7481/7108

CHAPEL ACTIVITIES IN MARCH

Friday, 7 and 14 March, 6 pm, Stations of the Cross followed by Soup Supper (Catholic), Zama Chapel.

Sunday, 16 March, 9 am, Palm Sunday Mass (Catholic), Zama Chapel.

Thursday, 20 March, 6 pm, Holy Thursday Mass (Catholic), Zama Chapel.

Friday, 21 March, 6 pm, Good Friday Liturgy (Catholic), Zama Chapel.

Saturday, 22 March, 8 pm, Easter Vigil Mass (Catholic), Zama Chapel.

Sunday, 23 March, 6 am, Easter Sunrise Services (Community), Zama Golf Course, Tee #14.

Sunday, 23 March, 9:15 am, Easter Mass (Catholic) Zama Chapel.

Wednesday, 26 March, 6 pm, Confirmation (Catholic), Zama Chapel.



EASTER
SUNRISE SERVICES
Sunday, 23 March, 6 - 7 am

- Tee #14, Zama Golf Course (across from 78th AVN Airfield and Vet Clinic).
- Park in clinic parking lot. Inclement weather location is the 78th Hanger.
- Refreshments served after service in Hanger.
- For more information, contact Chaplain Causey, 263-8322.

W

anted:
Zama Arts and Crafts
Center is now looking
for acrylic paint, water
color paint, drawing,
washi-paper craft, and
digital photograph
instructors.

■ Arts and Crafts • 263-4412

CLASSES

- **Washi Paper Craft Workshop**
Fee is \$10; supplies are available at the sales store.
- **Tole Painting Class "American Folk Art"**
Thursdays, 3 pm, \$15 for a class
- **Ikebana** (fresh flower arrangement class)
1st, 2nd and 3rd Thursday, 2 pm.
\$15 for a class, plus ¥1,000 for a flower fee.
- **Shodo** (Japanese calligraphy class)

Thursdays, 3 pm, \$10 for a class, includes all supplies.

- **Wood Shop Orientation for DA 3031.**

Thursdays: 6 pm, Saturdays: 10 am.
No fee.

- **Frame Shop Orientation**

Wednesdays, 6 pm.

Fee, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request. \$10 a class, supplies are not included.

NOTE: All classes require advance registration. Schedules are subject to change. Please call 263-4412 for more details.



- **Wednesdays Class: 4 - 6 pm. \$20**
Supplies are included. A monthly class or three month classes are also available.
- **Thursday Class: 1st and 3rd Thursday, 6 - 8 pm. \$20 for a class, supplies are included.**
- **Saturday Class: 1st Saturday of the month, 10 am - noon. \$20 for a class, supplies are included.**
- **Etsuke Class (drawing for pottery) is also available at 5 - 6 pm. \$10 a class.**

POTTERY CLASSES

PRINT SHOP

- **Screen Printing and Heat Transfer Printing**

We have screen printing and heat transfer printing for custom designed t-shirts, trucker caps, mug cups, mouse pads, and tiles and aluminum plaques.

BALLOON SHOP

We have a message for every special occasion in your life (helium filled mylar and latex balloons). For better service, place your order in advance.

SCRAPBOOK CLASS

Theme for March is "Easter"

Thursday, 4 pm, cost is \$15 for a class. Supplies are included. Please bring your own photos.



■ Outdoor Recreation and Local Tours • 263-4671

MARCH TOURS AND EVENTS

• **Ski/Snowboard at Sun Alpina**
Saturday, 1 March
Depart: 3 am • Return: 10 pm

• **One Day Cross Country Skiing Tour with Hakuba Evergreen**
Saturday, 1 March
Depart: 3 am • Return: 10 pm

• **Heiwajima Antique Fair**
Sunday, 2 March
Depart: 8:30 am • Return: 4:30 pm

• **Kamakura Excursion**
Sunday, 2 March
Depart: 7:30 am • Return: 5:30 pm

• **Ski/Snowboard Trip at Hakuba-Goryu**
Saturday, 8 March
Depart: 3 am • Return: 10 pm

• **One Day Snowshoeing Tour with Minakami Canyons**
Saturday, 8 March
Depart: 4 am • Return: 8 pm

• **Mt. Takao Fire Walking Festival**
Sunday, 9 March
Depart: 9 am • Return: 5 pm

• **Tagata Fertility Festival**
Saturday, 15 March
Depart: 5 am • Return: 10:30 pm

• **Yoshino Plum Blossom Festival**
Sunday, 16 March

Depart: 8:30 am • Return: 5:30 pm

• **St. Patrick's Day Parade**
Sunday, 16 March
Depart: 10:30 am • Return: 6 pm

• **Hakone Lake Ashi Fishing**
Saturday, 22 March
Depart: 4 am • Return: 2:30 pm

• **"Kitchen Street"**
Shopping and Asakusa
Saturday, 22 March
Depart: 8 am • Return: 7 pm

• **Strawberry Picking and Mito Sea Paradise**
Sunday, 23 March
Depart: 7 am • Return: 6 pm

• **Major League Baseball Red Sox vs. Athletics**
~Tuesday, 25 March
~Wednesday, 26 March
Depart: TBA • Return: TBA

• **Tokyo Summerland**
Saturday, 29 March
Depart: 8:30 am • Return: 6 pm

• **Kyoto Overnight**
Saturday-Sunday, 29-30 March
Depart: 2 am • Return: 9 pm

• **Dinosaur Continent at Makuhari Messe**
Sunday, 30 March
Depart: 9 am • Return: 6 pm



Better Opportunity for Single Service Member

MEETINGS

- **Tuesday, 11 March**
- **Tuesday, 25 March**

*All meetings are at 2 pm at the CCC.



DIRECTORATE OF MORALE, WELFARE AND RECREATION



"SMOKE FREE"

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

ON-LINE CATALOG.

Search our collection from home or work at: <http://www.yokotalibrary.com/uhtbin/webzama/>

NEW MCNAUGHTON BOOKS

- *Day of Reckoning* by Buchanan, Patrick J. (Best-seller)
- *The Chase* by Cussler, Clive (Best-seller)
- *T is for Trespass* by Grafton, Sue (Best-seller)
- *The Darkest Evening of the Year* by Koontz, Dean R. (Best-seller)
- *Rhett Butler's People* by McCaig, Donald (Best-seller)
- *Confessor* by Goodkind, Terry

- *Third Degree* by Iles, Greg
- *Steve and Me* by Irwin, Terri
- *Escape* by Jessop, Carolyn
- *The Cleft* by Lessing, Doris May
- *Walking in Your Own Shoes* by Schuller, Robert A.

NEW DVDS

Arctic Tale Children
Curious George Plays in the Snow Children
Dora The Explorer: Puppy Power! Children
Exiled Drama (China)
Harry Potter and the Order of the Phoenix Drama
High School Musical 2 Drama
Sicko Documentary

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Japan ICE site and enter to
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<http://ice.dlsa.mil/index.cfm>

■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ **Army Community Services** 263-4357
Mon, Tue, Thu, Fri 0730-1630
Wed 0730-1500

ZAMA Golf Club

■ **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-3694

263-4966
(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE** 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097

Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954
Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479
■ **ADMINISTRATIVE OFFICE** 263-5614
■ **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch

■ **AUTO CRAFTS SHOP** 263-3615

Sun-Mon Closed
Tue-Fri 1300-2100
Sat 1000-1800
Open during lunch

■ **COMMUNITY CULTURAL CTR** 263-3939

Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273

Mon-Fri 1000-1800
Open during lunch

LIBRARY

Zama 263-3517

Mon-Thu 1000-2030
Fri- Sun & Hol 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603

Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671

US Holidays Closed
Vehicle/Equipment Rental & Local Tours
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270

Kure Lodging 256-2580

■ **POOLS** 263-5656

YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122

Wed, Fri 1200-1800
Sat-Sun 1100-1800
Mon, Tue Closed

DEPOT (Closed)

■ **SPORTS/FITNESS CENTER** 263-4664

Zama 263-3954

Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762

Mon-Sun Open 24 hrs

Depot 268-4729

Mon-Sun, Holidays 0930-1830

Support Services Division

■ **DIRECTOR** 263-4273

■ **ADMINISTRATIVE OFFICE**

Child and Youth Service Branch

■ **CHILD & YS COORDINATOR** 263-8086
(All the following CDC facilities are open during lunch.)

CYS Central Enrollment Registry Office

263-4125
263-4743

Mon-Fri 0830-1730

Family Child Care 263-4743

263-4125

Sagamihara CDC 267-6564

Mon-Fri 0530-1800

Zama CDC 263-4992

Mon-Fri 0530-1800

■ YOUTH SERVICES

Zama Youth Center 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1200-2200

Sun 1200-1700

School Age Services (SHA) 267-6317

Mon-Fri 0630-1800

Youth Sports 263-5437

Mon-Sat 0900-1800

Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293

Reservation Desk

263-2775

Front Desk 263-3830

Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396

■ **ADMINISTRATIVE OFFICE** 644-4270

■ **ARMY COMMUNITY SERVICE**

Director 644-4110

Relocation Coordinator 644-4385

Mob-Dep/IVC 644-4116

Financial Readiness/AER 644-4378

Family Advocacy Program 644-5919

Victim Advocate/SARC 644-4908

AFTB/AFAP Program 644-4743

EFMP Program 644-4106

ACS FAX 644-5918

School Liaison Office 644-4703

■ **ARTS & CRAFT CENTER** 644-4303

Lobby 644-4706

■ **AUTO CENTER** 644-5612

■ **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4256

Lounge 644-4306

Cashier Cage 644-4426

■ **LIBRARY** 644-4468

Staff Room 644-5335

■ MARKETING

Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

■ SPORTS / FITNESS

Sports / Fitness 644-4334

Aquatics 644-4389

■ OUTDOOR RECREATION

Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Beach Rental Office 644-4659

Cabin Reservation 644-4659

Kure Harbor Club

■ **MWR Office** 256-2580

256-2581

0800-1630

■ **Outdoor Recreation** 256-2575

0900/1700

■ Dining Room

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

■ **Bar** Mon 1630-2000

Tue-Sat 1630-2200

■ PX / CLASS 6

Mon-Fri 0900-1730

Sat 1130-1530



CAMP ZAMA

30TH CHERRY BLOSSOM FESTIVAL

SATURDAY, 5 APRIL 2008



ADULTS

**7K Run & 3K Walk,
starts at 1000**

YOUTHS

**3K Run & 3K Walk,
starts at 0830**

**ENTRY FEE - \$15.00 FOR SOFA,
¥2,000 FOR NON-SOFA**

INFORMATION FOR ADULTS:

- Starting time 10 am in front of the Community Cultural Center (CCC).
- Registration: At the Yano Fitness Center NLT Wednesday, 2 April or mail to RD, DMWR, USAG-J, Unit 45006, Sports, Fitness and Aquatics, APO, AP 96343-5006, ATTN: IMPC-JA-MWR-SP by 25 March. T-shirts are guaranteed for the first 500 walkers / runners who register by 2 April.
- No registrations on the day of the event.
- Awards: Top 3 awards in both men's & women's divisions in the following age categories: 18-29, 30-39, 40-49, and 50 plus (awards also to the overall top male and female runners). Awards presented at the CCC immediately following the event.
- Packet Pick-up dates are Friday, 4 April 3 - 6 pm and Saturday, 5 April, 7:30 - 9:30 am.
- For more information, phone the Zama Sports Office at 263-7980.

SPECIAL ADULT PRIZE:

**PAIR OF AIRLINE TICKETS TO THE USA
(COURTESY OF CONTINENTAL AIRLINES)**

ADULTS DOOR PRIZES

(all participants are eligible):

- Beverage gift bags for male and female winners, each age group, top 3 places (courtesy of DYDO)
- Three (3) tickets to Tokyo Summerland
- Two (2) NBA shirts (courtesy of NBA Japan)
- Outback Steakhouse Food Coupons
- NASCAR Jacket

INFORMATION FOR YOUTHS:

- Starting time 8:30 am in front of the Community Cultural Center (CCC).
- Register at the CYS Central Enrollment Registry Office, Bldg 533 (263-4125 / 5723), 1 March - COB 2 April, and the morning of the race 7 - 8 am inside the Community Cultural Center.
- T-shirts are guaranteed for the first 75 walkers / runners who paid entry fees.
- Packet pickup and door prize ticket for all youth participants at the Community Cultural Center, Saturday, 5 April, 7 - 8 am.
 - * For US SOFA Card Holders, Friday, 4 April 4 - 6 pm at CCC.
- Awards (gold, silver & bronze medals) for boys and girls in each age group. The age groups are: 5-8, 9-12, 13-15 and 16-18. Awards and door prize drawings will be held at the Cultural Center immediately following the event.
- For more information, phone the Youth Sports Office at 263-5437 / 3424 / 5991.

SPECIAL YOUTH PRIZES Nintendo Wii (2) (Courtesy of DyDo)

YOUTHS DOOR PRIZES

(all participants are eligible):

- Two (2) Nintendo Wii games (one each for American and Japanese participants)
- Four (4) tickets to Tokyo Summerland (two each for American and Japanese participants)
- Timberland backpack
- More prizes to be given at the event

MWR COMMERCIAL SPONSORSHIP thanks our sponsors for supporting the Camp Zama community.

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..... CAMP ZAMA Cherry Blossom Festival 桜まつり

SATURDAY, 5 APRIL 2008
1100 - 1800 (1030 Gates Open)

RUN & WALK • AMERICAN LIVE BANDS • FOODS • GAMES
• CHILDREN'S ENTERTAINMENT • STREET PERFORMERS •
PLUS BEAUTIFUL CHERRY TREES

0830: Youth - 3K Run & 3K Walk

Registration: CYS Central Enrollment Registry Office,
263-4743/4125

1000: Adult - 7K Run & 3K Walk

Registration: Zama Sports Office, 263-7980/7979

For your protection and safety, large bags, back packs,
ice chests, coolers, skate boards, bicycles, kick bikes, pets,
alcoholic beverages and glass containers are prohibited.
(* Please expect entry delays.)

More information:
Tel 046-407-4177 / 263-4177

